



**DREAM GROUP PRACTICES:  
HIJACKED FUTURES X THE ANTI-HIJACKING OF DREAMS**

FABIANE M. BORGES & RAFAEL FRAZÃO

## // PRESENTATION //

Davi Kopenawa, an indigenous shaman Yanomami from the Amazon, in his book 'The Falling Sky', writes that whites (non-indigenous people, committed to modernity and their promises of evolution) do not know how to dream because they only dream about themselves and their commodities. In the book, he defines dreams as a forest, which concentrates a huge diversity of existences that has not yet been entirely destroyed by Xawara (entity / disease, which is liberated with mineral extractivism). For him, preserving the dream world as well as the forests is an action of resistance against the devastation of the Earth and the devastation of our subjectivity. It is in the space-time of the dream that we can still find what we are not. Despite the imaginary tractors of consumption's fierce advances upon the forests of the unconscious, the multiplicity of entities we may have access to in the oniric incursions reveals to us an extra-human alliance that is instrumental to remove the chronic narcissism of our species, and release the forces required to imagine other potentials world models.

In light of the current climate crisis, biocontrol and transverse technocracy that devastate lands, bodies and subjectivities, to affirm the dignity of the dream as a language and a territory of experience and production of knowledge, helps us to fertilize the cosmopolitical imaginary and combat the hijacking of the future.

The proposal here is to share some immersion practices in the dream universe and enhance subjectivities through methodological connections between the research and dreaming practices of Fabiane M. Borges (clinical psychology and performance art) and the work on spectral cinema by Rafael Frazao. We have chosen this approach to prevent the loss of connection with the dream universe and all its wealth, as David Kopenawa warns us. We wish to make the world dream and we can sense a call for action in Kopenawa's words.

CAPACETE/RIO DE JANEIRO/2016 - HIJACKED FUTURES X THE ANTI-HIJACKING OF DREAMS



## //METHODOLOGY//

The structure works according to the following axes

- 1) Activate the communities of images and symbols of the participants' dreams.
- 2) Activate and map the dream formation of the unconscious network.
- 3) De-individualize dreams
- 4) Choose the most persistent symbols from these 3 criterias: character, environment, happening.
- 5) Elaborate a collective dream script that unfolds from a set of meditative techniques, concentration, noise and invention.
- 6) Follow the script - enabling political imagination, working on speculative fiction and creating narratives on top of it. The process culminates in the creation of an expressive world that can be filmic, literary, sonic, etc.

## // THE LANGUAGES //

1- ONEIRIC PRACTICE: Use of techniques related to artistic creation processes eastern techniques and clinical practices. The idea is to develop special attention to the act of dreaming. We start with exercises during sleep time as well as awake time, which will be suggested a week before the beginning of the course and also throughout the immersion. The intention is to clarify the dream exercise by diluting the most superficial layers of desire-images that the dream demands for self-organization of subjectivities, releasing deeper access to the lucid dream.

2 - INTERTEXTUAL ANALYSIS: With the primary material in raw state, we enter into a 'desk work', aimed to translate oneiric synaesthesia into textual language, but in a non-interpretive way. The idea is to let an intensive cartography of forces emerge without enclosing it in pre-fixed symbols, developing collective writings of transnarrative character. Here, conceptual characters, environments and contexts begin to emerge, and throughout the process they will unfold into a specific mythology for each group. This process happens through the whole workshop and is provoked by exercises in creative writing, as well as free association and interscripts.

3- ART & CLINIC LANGUAGES: Given that the intensive plot of common elements already hovers upon the participants' wakefulness and sleep, we can begin to endow the images with anaphoric force and materialize them experimentally on the bodies. For that purpose we use techniques of clinical analysis (schizoanalysis, schizodrama, psychodrama, oneirodrama, somatherapy practices); of the theater (theater of the oppressed, clown initiation); of the arts (fine arts, performance, cinema, sound, photography); of technoshamanism (noisecracy, spectrology, DYU rituals and free cosmogonies); of carnival (masks, fantasy). All these dynamics have the purpose to suggest bodily arrangements that reterritorialize dream images, making them jump into modes of existence, shaping new aesthetics and provoking new senses, related to the proper clinical potential of this operation.

4- NOISECRACY: Use of sound language techniques, noise production (digital and analog), vocalization, narrative improvisation, construction of collective states of listening. The understanding of noise as a rupture of communication based on intelligibility: emission - redundancy - reception.

5 - OPTOCRACY: The presence of the image, in its broad sense, permeates the course; especially the image before being seen: the imagined for the dreamed image. A whole series of movements, transformations, magnetisms, collectivization and transmissions are enacted. This is the reason for a different kind of work with images, in its visible state, with projection, live image capture, file search and real-time image manipulation. This set of activities will aid the metamorphic path of the dreamed images, offering, via a "phantom cinema", the possibility of imaginary bricolage, and the spectral catalysing presence of narratives.

6- COMMUNITAS: collective coexistence, discussions, speaking, conversation, practical tasks, intensive communication, sharing of daily processes (food, garbage, etc.), problem solving, insights, ideas, dream communication construction, etc.

7- PLANTING SEEDS AND DREAMS: Besides the dream, each participant must take a seed to be planted along with the dreams' ashes that will be burned in a place to be determined with the group.

#### //MATERIAL RESOURCES//

Toolbox: Masks, costumes, fabrics, makeup, paints, ropes, wires, colored lights, sound instruments, projector, sound system, microphones, candles, biodegradable garbage bags, plant seeds.

#### // CONCEPTUAL MATERIAL //

Dreams, oneirism, nihilism, scarcity, catastrophe, end of the world, animism, mining, globalization, ghost body, ecology, necropolitics, indigenism, speculative fiction, ruidocracy, immersive processes, free cosmogony, community of dreams, narrative sculpture, imaginary fertilization, war of places, ontological monoculture, oneirodrama, spectrology, onirarchy, optocracy, anaphoric force, political imagination hyperstition, accelerationism, posthumanism, transhumanism, cyborguezia, phylosofiction, philosophy, philomagia, technoshamanism, metaphysics of the trash of Estamira, anthropocene, subjectivity of matter, technologies DYU, imagination, fable, fictionalization, ancestrofuturism, tecnoprimitivism, dream sculpture, signic fermentation, technocracy, practices to counter the hijacking of dreams, cinepoetry, science fiction, camera as cinema of invention, analogue, dream image, pedagogy of emancipation, radical pedagogies, subcomuns, counter-colonial pedagogy, counter-extractive tourism, among others.

INSTITUTO GOETHE/SAO PAULO/2014,

DECURATORS/BRASILIA/2016,

THE WHO OF THINGS/ZURICH UNIVERSITY OF ARTS/2016,

FICÇÃO E RUIDOCRACIA/CASA NUVEM/RIO DE JANEIRO/2016,

HACKADEMIA – MANCHESTER/2011.





CAPACETE/RIO DE JANEIRO/2016 - HIJACKED FUTURES X THE ANTI-HIJACKING OF DREAMS



BANANEIRAS/RIO DE JANEIRO/2017.

PLATOHEDRO/MEDELLIN/2015



## // BIOGRAPHIES //

**FABIANE M. BORGES:** Researcher, psychologist, artist and essayist. Develops a project of artistic residence at ETE / INPE (Engineering and Space Technology at the National Institute of Space Research) in Sao Jose dos Campos. Postdoctoral degree at ECA/USP/2019. She has engaged in post-doctoral research in Visual Arts at EBA / UFRJ / 2016 to 2018, Master's degree / 2003 to 2006 and Doctorate / 2009 to 2013 in Clinical Psychology at PUC / SP with a research and development stage in fine Arts at Goldsmiths University of London (2011/2012). Graduated in Psychology at URCAMP / RS / 1992 to 1998). She is an articulator of international networks such as technoshamanism (technology and ancestral knowledge) and the Intergalactic Commune (Art and Space Sciences), organizing festivals and artistic projects. She has developed art projects and has participated in artistic residences in several cities in Brazil and around the world, in countries such as Colombia, Ecuador, Portugal, Spain, France, England, Denmark, Belgium, Switzerland, Austria, Germany, Beijing. She also works in the field of psychological clinic, doing consultations and developing immersive processes between Art and Clinic, such as the Dream Clinic.

Email: [catadores@gmail.com](mailto:catadores@gmail.com),

Sites: <http://comuna.intergalactica.space>, <http://catahistorias.wordpress.com>,

<http://tecnoxamanismo.wordpress>, <http://saciesite.wordpress.com>, etc.

**RAFAEL FRAZAO:** Visual artist graduated in Image and Sound UFSCAR, studying a master's degree in visual arts at UFRJ and the independent studies program of Contemporary museum of Barcelona (Macba). His activities vary between film making, art and technology projects, performance, festival production, urban interventions, articulation of networks and courses. Co-created the collective House of Digital Culture, the Festival of Urban interventions and rights at the city Baixo Centro, with the production company Filmes para Bailar have made author films and diverse works with partners such as Wikileaks, SESC, Public Agency, Itau Cultural, Pedra Institute, Iphan and others. Currently his research orbits themes such as counter colonial political imagination, philosophical fiction, onirarchy and spectral communities. Developd the theoretical project: 'The community of images, overnature and ontological fertility', is an articulator of the Technoshamanism network, composes the performance collective Ruins and and the media art collective DOBRA.

Email: [rafaelsocra@gmail.com](mailto:rafaelsocra@gmail.com)

Site: [frazao.hotglue.me](http://frazao.hotglue.me)

## //BIBLIOGRAPHY//

ADAMS, David: "Joseph Beuys: Pioneer of Radical Ecology," *Art Journal*, vol. 51, no. 2 Summer 1992.

BAREMBLIT, Gregory. *Presentation of Schizodrama*. Ed. *Theory and Critique of Psychology* (international electronic publication) 2014.

BARRETO, Paola. *Do cine vivo ao cine fantasma*. Apresentação na AMPAP. 2013.

BENSUSAN, N. Hilan. *Lines of future animism*. Brasília: Ed. IEB / Mil Folhas, 2017.

BOAL, Augusto - "Latin American techniques of popular theater: a Copernican revolution in reverse". São Paulo: Hucitec, 1975.

BORGES, M. Fabiane. "Ancestorfuturism". In: *Technoshamanism book*. São Paulo: Invisíveis Produções, 2016.

BORGES, M. Fabiane. "Seminal thoughts for a possible technoshamanism". In: *Cadernos de Subjetividade*, vol 10, no 15, 2013.

BURROUGHS, S. William. *The Ticket That Exploded*. Paris: Olympia Press, 1962.

BUTLER, Octavia E. *Lilith's Brood* (xenogenesis, Books 1-3) Ed. Grand Central Publishing, 2000

CARVALHAES, Goldenstein Ana. *Performative person: alterity and experience in the work of Renato Cohen*. São Paulo: Perspectiva, 2012.

CASTANEDA, Carlos. *The Art of Dreaming*. Connecticut: Easton Press, 1993. 1st edition

CASTRO, Eduardo Viveiros de. *Cannibal metaphysics*. Madrid: Katz Editores, 2010.

COHEN, Renato. *Performance as language*. São Paulo: Perspectiva, 2002.

COHEN, Renato. *Work in progress in the contemporary scene: creation, staging and reception*. São Paulo: Perspectiva, 1998.

CRARY, Jonathan. *24/7: Late Capitalism and the Ends of Sleep*. London / New York: Verso, 2014.

DANOWSKI, Débora and CASTRO, Eduardo Viveiros. *Is There a World to Come ?: Essay on Fears and Purposes* - Ed. Socio-Environmental Institute - 2015

DELEUZE, Gilles and GUATTARI, Felix. *Mille Plateaux*. Paris: Les Éditions de Minuit, 1980.

DELEUZE, Gilles and GUATTARI, Felix. *The anti-oedipus: capitalism and schizophrenia*. São Paulo: 34, 2010.

Deligny, Fernando. *The Arachnian and other texts*. São Paulo: n-1, 2015.

DOMHOFF, G. William. *The Mystique of Dreams: A Search for Utopia Through Senoi Dream Theory*. Berkeley: University of California Press, 1990.

DUNNE, J. W. An Experiment with Time. London: Faber, 1939 (4th edition).

FABBRI, Renato and BORGES, M. Fabiane. "Text Mining Descriptions of Dreams: Aesthetic and Clinical Efforts", published at the National Meeting of Computational Modeling on 10/19/2017.

FREIRE, Roberto. Liberation Pedagogy (I). Ed. Sun and rain. 1996

Freud, Sigmund. The interpretation of dreams. Porto Alegre: L & PM, 2012.

GLOWCZEWSKI, Barbara. Totemic Becomings. Cosmopolitics of the Dreamin. Ed. N-1, São Paulo/2015.

GUATTARI, Felix - Three Ecologies - Ed. Papyrus - 1990

HARAWAY, J. Donna. Staying With The Trouble. New York: Duke University Press Books, 2016

JUNG, Carl Gustav. The archetypes and the collective unconscious. Petrópolis: Vozes, 2000

KOPENAWA, David and ALBERT, Bruce. The falling sky: words of a Yanomami shaman. São Paulo: Companhia das Letras, 2015.

KUZWEIL, Ray. The Singularity Is Near: When Humans Transcend Biology. New York: Viking Penguin, 2006.

LANA, Firmiano Arantes and LANA, Luiz Gomes. Before the world did not exist. São Paulo, Liberia Culture Publishing, 1980.

LAND, Nick. Fanged Noumena: Collected Writings. Organization of Robin Mackay and Ray Brassier. Falmouth, UK: Urbanomic, 2011.

LOVECRAFT, H. P. The Call of Cthulhu and Other Weird Stories. Ed. Penguin Books. 1999

MATA, João da. The Freedom of the Body: Soma, Capoeira Angola and Anarchism. Ed. Imaginary; 1 edition (2001)

PELBART, Peter Pál. "Schizocenia". In: Capital life: biopolitical essays. São Paulo: Iluminuras, 2004.

PELBART, Peter Pal. The king-time ship: seven essays on the time of madness. Rio de Janeiro: Imago, 1993

ROLNIK, Suely. "Anthropophagized schizoanalysis". Text published in the book Gilles Deleuze, a philosophical life. São Paulo: 34, 2000.

ROMANDINI, Ludueña Fabian. Community of Spectra I - Anthropotecnia. Florianópolis: Culture and Barbarism, 2012.

ROMANDINI, Ludueña Fabian. H. P. Lovecraft: the disjunction of being. Florianópolis: Culture and Barbarism, 2013.

STENGERS, Isabelle. In the time of catastrophes. São Paulo: Cosac Naify, 2015.

TADEU, Tomaz. Anthropology of the cyborg: the vertiges of the post-human. Belo Horizonte. Autêntica Editora Ltda, 2009.

TORRES, Cristine Lima; The symbolism of the MST in the march and the mystic: itinerant space of human formation. Academic Space Magazine nº 110/2010

UMUSI, Pãrökumu (Firmiano Arantes Lana) and TÕRĀMŪ, Kehiri (Luiz Gomes Lana). "Before the World did not exist" Mythology of the ancient Desana-Kehiripõã \*- Ed. St. John the Baptist of the Rio Tiquié: UNIRT; São Gabriel da Cachoeira: FOIRN, 1995. (Black River Indigenous Narratives Collection).